

1st WUKF Grand Prix Poland

Saturday 23th September 2023

Venue:

Center for Culture and Sports
Bohaterów Warszawy 4,
Pruszków 05-600

Event Starts: 09:00

Individual Events: €20 Per Event

Team Events: €30 Per Team

Spectator tickets: €5 per person



Welcome:

We are delighted to invite you to our 1st WUKF Grand Prix Poland to be held on Saturday 23th September at the Pruszków 05-800, street: Bohaterów Warszawy 4

The event is open and will be facilitated using **WUKF rules**. All Karate practitioners are welcome regardless of affiliation or style.

If you have further queries or would like to discuss more details, then please don't hesitate to contact us on **+48 505 874 501**, wukfpoland@gmail.com

Event Guidelines:

Entry Forms must be signed by the official Association or Club coach only. Entry forms without a signed declaration will not be permitted to take part in the competition. **Entry forms must be received with full payment by Saturday 9th September.** No late entries will be accepted.

All competitors must be fully insured by their Association and should be aware that **all events will operate under WUKF rules**. Slight amendments by the organizers and Chief Referee may be required to ensure a safe and smooth running of the event. All coaches and officials should contact the organizer before Saturday 23th September for an update on any rule changes. The minimum number of competitors per event category is at the discretion of the organizer.

Spectators are not to act as coaches or officials or permitted to stand next to the tatami area.

Any spectators/competitors or coaches infringing the above guidelines will be asked to leave the sports hall, with no refund given and the name of the club concerned reported to their Association Executive.

Rules of Kata and Kumite

This is a summary of rules for the tournaments and has been created using WUKF guidelines.

Shobu Ippon:

The match is won by two Waza-ari or one Ippon. Mitts and shin pads must be worn by all competitors. Competitors aged 12 Years and below must wear head and body pads which can be provided by IKA Poland.

Shobu Nihon:

The match can be won by four Waza-ari or two Ippon. Mitts and shin pads must be worn by all competitors. Head and body pads must be worn and can be provided by IKA Poland.

Shobu Sanbon:

The match is won by six Waza-ari or three Ippon. Mitts and shin pads must be worn by all competitors. Age 13 Years & above only.

Additional Information:

In all events, the highest maximum individual score that can be given at any one time is Ippon. The lowest score that can be given is a Waza-ari.

All Kumite events will be run with a Referee, Mirror Judge & Arbitrator. The arbitrator can assist in the decision-making process.

Competitors must wear a Red belt (AKA) or White Belt (SHIRO) to identify themselves during the Kumite events and must match the colour of mitts. In every event the competitor must wear protection in accordance with WUKF ruling. The timing of bouts will be the same as the WUKF rules, but can be subject to change, depending on the smooth running of events.

Gumshield (clear or white) must be worn by all competitors except those aged 12 years and below who will be wearing an approved head guard.

Groin Guards compulsory for all male Kumite competitors aged 13 Years and above. Chest protector's compulsory for all female Kumite competitors aged 13 Years and above.

Please Note:

Competitors are permitted to enter all Kumite Categories that their age permits and may also enter one category above their age group in Kata and/or Kumite. Seniors may not compete in veterans categories.

Kata:

Kata events will run using a point-based system. Round 1 will be scored from 5.0 to 7.0 (average 6.0). Round 2 will be scored from 6.0 to 8.0

(average 7.0). Round 3 (final round) will be scored from 7.0 to 9.0 (average 8.0).

All Kata events will be run to WUKF rules, including the level of Kata competitors can perform in each round. Bunkai is not required in the Team Kata. Team Kata will be made up of 3 individuals.

The number of rounds will be the same as WUKF rules where possible, but can be subject to change, depending on the smooth running of events.

Competitors 4th Kyu & Below as well as those aged 8 & below **may repeat Kata**. All competitors 3rd Kyu & Above **cannot repeat Kata**. In Kata events, you are only permitted to wear the belt that you are graded to.

Photography Policy:

Photographers will be present for the duration of the event. If individuals do not wish to be featured on official photography, then the organizers must be notified by the Association or Club Coach prior to the event.

Appeals:

If a problem arises on the day of the competition only the Head Coach can approach the Chief Referee. If the Head Coach is not satisfied with the decision of the Chief Referee there is an appeals process that can be followed - official protest written down and signed by the Head Coach, then handed to the Chief Referee with the protest fee of £50. An appeals jury will be selected of the highest-level referees at the competition and from a different association. They will then look at the protest and review all relevant information and make their decision. If the protest is upheld, then the protest fee will be returned. If it is not upheld, then the protest fee will go towards all admin fees for the protest.

Contact & Payment Details:

All entries and appropriate fees must be received by **Saturday 9th September** and can be sent through email on wukfpoland@gmail.com or posted to the address below. Payment is in pounds sterling and can be made by bank transfer – please contact for details. Card Payment is also available on request, please contact us.

International Bank Transfer: Please contact us for details

For further information, please contact:

Phone: President Jacek Chałupka +48 505 874 504

Email: wukfpoland@gmail.com

Club and country:	Style:
Contact Name:	Phone:
Association:	Ema
Address Line 1:	Address Line 2:
Town:	Postcode:

I confirm that all competitors entered on this sheet have received my advice of and accept the following statement: *"The competitor realises and discharges the organisers and their representatives or agents and all other competitors from all claims that the competitor or their personal representative may have for any injury (however caused) sustained by the competitor and for the loss or damage (however caused) to their personal belongings suffered at any time during the course of the championships or while on the premises at which the championships are being held."*

Coach Sign:

Print Name: Date: 2

Name	Gender	DOB	Grade	Category Code	Category Code	Category Code	Amount Due
Total Competitors:						Total (€):	

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Team Name	Kata Category Code	Kumite Category Code	Amount (€):
Total Teams:		Amount (£):	

1st WUKF Grand Prix Poland – Kata Categories

Category	Gender	Age	Grade
KA1	Male	8 Years & Under	All Grades
KA2	Female	8 Years & Under	All Grades
KA3	Male	9 to 10 Years	4 th Kyu and Below
KA4	Female	9 to 10 Years	4 th Kyu and Below
KA5	Male	9 to 10 Years	3 rd Kyu and Above
KA6	Female	9 to 10 Years	3 rd Kyu and Above
KA7	Male	11 to 12 Years	4 th Kyu and Below
KA8	Female	11 to 12 Years	4 th Kyu and Below
KA9	Male	11 to 12 Years	3 rd Kyu and Above
KA10	Female	11 to 12 Years	3 rd Kyu and Above
KA11	Male	13 Years	4 th Kyu and Below
KA12	Female	13 Years	4 th Kyu and Below
KA13	Male	13 Years	3 rd Kyu and Above
KA14	Female	13 Years	3 rd Kyu and Above
KA15	Male	14 to 15 Years	4 th Kyu and Below
KA16	Female	14 to 15 Years	4 th Kyu and Below
KA17	Male	14 to 15 Years	3 rd Kyu and Above
KA18	Female	14 to 15 Years	3 rd Kyu and Above
KA19	Male	16 to 17 Years	4 th Kyu and Below
KA20	Female	16 to 17 Years	4 th Kyu and Below

KA21	Male	16 to 17 Years	3 rd Kyu and Above
KA22	Female	16 to 17 Years	3 rd Kyu and Above
KA23	Male	18 to 20 Years	3 rd Kyu and Above
KA24	Female	18 to 20 Years	3 rd Kyu and Above
KA25	Male	18 to 35 Years	4 th Kyu and Below
KA26	Female	18 to 35 Years	4 th Kyu and Below
KA27	Male	21 to 35 Years	3 rd Kyu and Above
KA28	Female	21 to 35 Years	3 rd Kyu and Above
KA29	Male	36 to 49 Years	All Grades
KA30	Female	36 to 49 Years	All Grades
KA31	Male	50 Years & Above	All Grades
KA32	Female	50 Years & Above	All Grades
KA33 – TEAM KATA	Mixed	11 Years & Under	All Grades
KA34 – TEAM KATA	Mixed	12 to 15 Years	All Grades
KA35 – TEAM KATA	Mixed	16 Years & Above	All Grades
KA36 – INCLUSIVE KATA	Mixed	15 Years & Under	All Grades
KA37 - INCLUSIVE KATA	Mixed	16 Years & Above	All Grades
KA38 – KOBUDO (Long/Short Weapons)	Mixed	15 Years & Under	All Grades
KA39 – KOBUDO (Long/Short Weapons)	Mixed	16 Years & Above	All Grades

1st WUKF Grand Prix Poland – Kumite Categories

Category	Gender	Age	Grade	Style
KU1	Male	4 to 6 Years	All Grades	Ippon
KU2	Female	4 to 6 Years	All Grades	Ippon
KU3	Male	7 to 8 Years	4 th Kyu and Below	Ippon
KU4	Male	7 to 8 Years	3 rd Kyu and Above	Ippon
KU5	Male	7 to 8 Years	4 th Kyu and Below	Nihon
KU6	Male	7 to 8 Years	3 rd Kyu and Above	Nihon
KU7	Female	7 to 8 Years	4 th Kyu and Below	Ippon
KU8	Female	7 to 8 Years	3 rd Kyu and Above	Ippon
KU9	Female	7 to 8 Years	4 th Kyu and Below	Nihon
KU10	Female	7 to 8 Years	3 rd Kyu and Above	Nihon

KU11	Male	9 to 10 years	4 th Kyu and Below	Ippon
KU12	Male	9 to 10 years	3 rd Kyu and Above	Ippon
KU13	Male	9 to 10 years	4 th Kyu and Below	Nihon
KU14	Male	9 to 10 years	3 rd Kyu and Above	Nihon
KU15	Female	9 to 10 years	4 th Kyu and Below	Ippon
KU16	Female	9 to 10 years	3 rd Kyu and Above	Ippon
KU17	Female	9 to 10 years	4 th Kyu and Below	Nihon
KU18	Female	9 to 10 years	3 rd Kyu and Above	Nihon
KU19	Male	11 to 12 Years	4 th Kyu and Below	Ippon
KU20	Male	11 to 12 Years	3 rd Kyu and Above	Ippon
KU21	Male	11 to 12 Years	4 th Kyu and Below	Nihon
KU22	Male	11 to 12 Years	3 rd Kyu and Above	Nihon
KU23	Female	11 to 12 Years	4 th Kyu and Below	Ippon
KU24	Female	11 to 12 Years	3 rd Kyu and Above	Ippon
KU25	Female	11 to 12 Years	4 th Kyu and Below	Nihon
KU26	Female	11 to 12 Years	3 rd Kyu and Above	Nihon
KU27	Male	13 Years	4 th Kyu and Below	Ippon
KU28	Male	13 Years	3 rd Kyu and Above	Ippon
KU29	Male	13 Years	4 th Kyu and Below	Sanbon
KU30	Male	13 Years	3 rd Kyu and Above	Sanbon
KU31	Female	13 Years	4 th Kyu and Below	Ippon
KU32	Female	13 Years	3 rd Kyu and Above	Ippon
KU33	Female	13 Years	4 th Kyu and Below	Sanbon
KU34	Female	13 Years	3 rd Kyu and Above	Sanbon
KU35	Male	14 to 15 Years	4 th Kyu and Below	Ippon
KU36	Male	14 to 15 Years	3 rd Kyu and Above	Ippon
KU37	Male	14 to 15 Years	4 th Kyu and Below	Sanbon
KU38	Male	14 to 15 Years	3 rd Kyu and Above	Sanbon
KU39	Female	14 to 15 Years	4 th Kyu and Below	Ippon
KU40	Female	14 to 15 Years	3 rd Kyu and Above	Ippon
KU41	Female	14 to 15 Years	4 th Kyu and Below	Sanbon
KU42	Female	14 to 15 Years	3 rd Kyu and Above	Sanbon
KU43	Male	16 to 17 Years	4 th Kyu and Below	Ippon
KU44	Male	16 to 17 Years	3 rd Kyu and Above	Ippon
KU45	Male	16 to 17 Years	4 th Kyu and Below	Sanbon
KU46	Male	16 to 17 Years	3 rd Kyu and Above	Sanbon

KU47	Female	16 to 17 Years	4 th Kyu and Below	Ippon
KU48	Female	16 to 17 Years	3 rd Kyu and Above	Ippon
KU49	Female	16 to 17 Years	4 th Kyu and Below	Sanbon
KU50	Female	16 to 17 Years	3 rd Kyu and Above	Sanbon
KU51	Male	18 to 20 Years	All Grades	Ippon Open Weight
KU52	Male	18 to 20 Years	All Grades	Sanbon -65 Kg
KU53	Male	18 to 20 Years	All Grades	Sanbon -75 Kg
KU54	Male	18 to 20 Years	All Grades	Sanbon -85 Kg
KU55	Male	18 to 20 Years	All Grades	Sanbon +85 Kg
KU56	Male	18 to 20 Years	All Grades	Sanbon Open Weight
KU57	Female	18 to 20 Years	All Grades	Ippon Open Weight
KU58	Female	18 to 20 Years	All Grades	Sanbon -55 Kg
KU59	Female	18 to 20 Years	All Grades	Sanbon -60 Kg
KU60	Female	18 to 20 Years	All Grades	Sanbon -65 Kg
KU61	Female	18 to 20 Years	All Grades	Sanbon +65 Kg
KU62	Female	18 to 20 Years	All Grades	Sanbon Open Weight

KU63	Male	18 to 35 Years	4 th Kyu and Below	Ippon Open Weight
KU64	Male	18 to 35 Years	4 th Kyu and Below	Sanbon Open Weight
KU65	Female	18 to 35 Years	4 th Kyu and Below	Ippon Open Weight
KU66	Female	18 to 35 Years	4 th Kyu and Below	Sanbon Open Weight
KU67	Male	21 to 35 Years	All Grades	Ippon Open Weight
KU68	Male	21 to 35 Years	All Grades	Sanbon -65 Kg
KU69	Male	21 to 35 Years	All Grades	Sanbon -75 Kg
KU70	Male	21 to 35 Years	All Grades	Sanbon -85 Kg
KU71	Male	21 to 35 Years	All Grades	Sanbon +85 Kg
KU72	Male	21 to 35 Years	All Grades	Sanbon Open Weight
KU73	Female	21 to 35 Years	All Grades	Ippon Open Weight
KU74	Female	21 to 35 Years	All Grades	Sanbon -55 Kg
KU75	Female	21 to 35 Years	All Grades	Sanbon -60 Kg
KU76	Female	21 to 35 Years	All Grades	Sanbon -65 Kg
KU77	Female	21 to 35 Years	All Grades	Sanbon +65 Kg
KU78	Female	21 to 35 Years	All Grades	Sanbon Open Weight
KU79	Male	36 to 49 Years	4 th Kyu and Below	Ippon Open Weight
KU80	Male	36 to 49 Years	4 th Kyu and Below	Sanbon Open Weight
KU81	Female	36 to 49 Years	4 th Kyu and Below	Ippon Open Weight

KU82	Female	36 to 49 Years	4 th Kyu and Below	Sanbon Open Weight
KU83	Male	36 to 49 Years	All Grades	Ippon
KU84	Male	36 to 49 Years	All Grades	Sanbon
KU85	Female	36 to 49 Years	All Grades	Ippon
KU86	Female	36 to 49 Years	All Grades	Sanbon
KU87	Male	50 to 59 Years	All Grades	Ippon
KU88	Male	50 to 59 Years	All Grades	Sanbon
KU89	Female	50 to 59 Years	All Grades	Ippon
KU90	Female	50 to 59 Years	All Grades	Sanbon
KU91	Male	60 Years & Above	All Grades	Ippon
KU92	Male	60 Years & Above	All Grades	Sanbon
KU93	Female	60 Years & Above	All Grades	Ippon
KU94	Female	60 Years & Above	All Grades	Sanbon
KU95 – TEAM KUMITE	Male	Under 11 Years	All Grades	Nihon Rotation
KU96 – TEAM KUMITE	Female	Under 11 Years	All Grades	Nihon Rotation
KU97 – TEAM KUMITE	Male	11 to 12 Years	All Grades	Nihon Rotation
KU98 – TEAM KUMITE	Female	11 to 12 Years	All Grades	Nihon Rotation
KU99 – TEAM KUMITE	Male	13 Years	All Grades	Sanbon Rotation
KU100 – TEAM KUMITE	Female	13 Years	All Grades	Sanbon Rotation
KU101 – TEAM KUMITE	Male	14 to 15 Years	All Grades	Sanbon Rotation
KU102 – TEAM KUMITE	Female	14 to 15 Years	All Grades	Sanbon Rotation
KU103 – TEAM KUMITE	Male	16 to 17 Years	All Grades	Sanbon Rotation
KU104 - TEAM KUMITE	Female	16 to 17 Years	All Grades	Sanbon Rotation
KU105 – TEAM KUMITE	Male	18 Years & Above	All Grades	Sanbon Rotation
KU106 - TEAM KUMITE	Female	18 Years & Above	All Grades	Sanbon Rotation

We look forward to welcoming you to our 1st WUKF Grand Prix Poland